

Checking Your Blood Glucose Using TRUEresult twist

A guide for testing your blood glucose

Simple Steps to Test Your Blood Glucose

Meter, Test Strips & System Components



Blood Glucose Testing



1

Wash your hands with warm, soapy water.



2

Remove Test Strip from vial and close vial immediately. Insert Test Strip into Test Port with contacts (metallic blocks) end facing up. The Meter turns on.



3

Lance your finger.



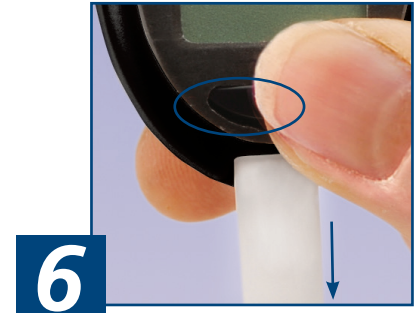
4

With Test Strip still in Meter, touch edge of sample tip to blood drop and allow blood to be drawn into strip. Remove Test Strip sample tip from sample drop immediately after dashes appear across the meter display.



5

In as little as 4 seconds, glucose result will be displayed.



6

Hold Meter in a vertical position with Test Strip facing down. Press strip release button to discard the used Test Strip from the Meter.

This guide provides a brief overview on testing your blood glucose. For more detailed information on complete blood glucose testing procedure, consult "Testing Your Blood" section in the Owner's Booklet. Note: Lancing device is for self-testing and intended for use by one patient only. Not suitable for use by healthcare or care workers. Patients receiving peritoneal dialysis solutions containing icodextrin should not use the TRUEresult twist System. See Owner's Booklet for more details.

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